StChristopher's

St Christopher's Hospice 51-59 Lawrie Park Road Sydenham, London SE26 6DZ

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14 July 2015

Dr Charlie Beardmore and Colleagues Penguins Against Cancer c/o Fenwycks Tekels Avenue Camberley Surrey GU15 2LB

Thank you for your lovely letter. It was a delight to read about the sporting fun that went into creating your fantastic grant in the amount of £1,000. I am glad that the Elves and Pixies each won a match.

Please pass on our sincere thanks to Paul and Tanya Harwood and Pat and Charlie Gush for nominating St Christopher's and also let everyone connected with Penguins Against Cancer how grateful we are for your tremendous further support...

Your tremendous gift will enables us brings effective pain relief that patients can control themselves using a syringe driver.

I was chatting yesterday to one of our patients, who had been very resistant to being admitted to a hospice.

"I felt there was going to be a "last exit aura," but to my amazement it has been totally the opposite. I won't ever overcome my illness but I have totally changed my outlook and now see each day as a challenge. This has been the most enjoyable experience of medical treatment I have ever had".

Our Hospice is a very uplifting place, following the lead set by our Founder Dame Cicely Saunders who was a great believer in the importance of living life one day at a time. "You matter because you are you, and you matter to the end of your life. We will do all we can not only to help you die peacefully, but also to live until you die.

Working here is a humbling, and coming into contact with such generous and altruistic people as you is a profoundly moving experience.

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