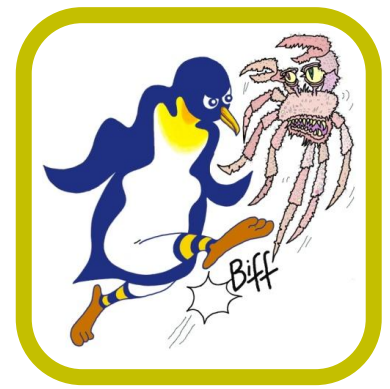


PENGUINS AGAINST CANCER

www.penguinsagainstcancer.org.uk

Greenwich and Bexley Community Hospice
185 Bostall Hill
Abbey Wood
London
SE21 0GB
info@gbch.org.uk



Kicking Cancer Into Touch!

21st May 2026

Dear Greenwich and Bexley Community Hospice,

We are electronically transferring a Grant of £5 000 from Penguins Against Cancer (PAC) to you, to be used to provide palliative care in your excellent institution. This has been proposed by George Tsolakides and Geraint Thomason, and is in support of Staff Nurse Emma Tsolakides who works for you, and to be used to support the superb work done by your Intensive Palliative Unit. Emma said to George that she loves working at GBCH, and that the care provided is better than anywhere she has worked before. We would therefore like you to acknowledge Emma as the inspiration behind this Grant please.

This Grant was made possible following hugely successful fundraising by the 32 strong Penguin Peloton, ranging in age from 18 to 63, on their cycle ride from Windsor Castle to Guy's Hospital via South Wales over 4 days from 1st to 4th May 2026. The Peloton cycled over 570 km with nearly 4500m of ascent.

PAC exists to raise cancer awareness, and to provide support to cancer research and treatment, as well as to hospices. It has no running or administrative expenses (all costs being met by individual PAC Members) and has many students studying at Guy's Hospital (6 of whom were in the Penguin Peloton) as active supporters. Please feel free to visit our website www.penguinsagainstcancer.org.uk and let us know what you think.

We would be most grateful if you would write back to us confirming receipt of the Grant and how it will be spent. Please feel free to send as an attachment, via email to penguinsagainstcancer@outlook.com, as we need to publish the response on our website.

We wish you continuing success in the outstanding work you are doing.

Yours sincerely

Charlie Beardmore
President

Patrick Gush
Vice President

On behalf of the Trustees, Officers and Members of Penguins Against Cancer.

Penguins Against Cancer • c/o Weirs End, Hampton Court Road, East Molesey, Surrey, KT8 9BP.
Registered Charity Number 1159905