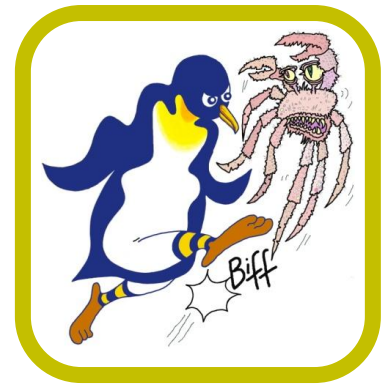


PENGUINS AGAINST CANCER

www.penguinsagainstcancer.org.uk

St Joseph's Hospice
56 Mare Street
Cambridge Heath Road
London
E8 4SA



Kicking Cancer Into Touch!

Dear St Joseph's Hospice,

30th September 2026

We are electronically transferring a Grant of £5 000 from Penguins Against Cancer (PAC) to you, to be used to provide palliative care in your excellent institution. We recognise the amazing and incredibly kind work you do for patients and families in a part of London that is not always blessed with financial support, and which has its fair share of hardship. We hope this Grant will help you to continue to bring comfort, dignity and practical care to those who need it most. This Grant has been proposed by Pat Davis and Charlie Beardmore. We would like you to acknowledge a close colleague who trained at Guy's Hospital with them, but wishes to remain anonymous, as the inspiration behind it.

PAC exists to raise cancer awareness, and to provide support to cancer research and treatment, as well as to hospices. It has no running or administrative expenses (all costs being met by individual PAC Members) and has many students studying at Guy's Hospital as active supporters. Please feel free to visit our website www.penguinsagainstcancer.org.uk and let us know what you think.

This Grant has been made possible following the fundraising efforts of the Jackass and Chinstraps PAC rowing crews who completed the Monster the Loch challenge at Loch Ness on Sat 19th September rowing nearly 11 miles in very difficult conditions. They came 65th and 102nd out of 122 entries. This was remarkable considering the Jackass crew (which included Charlie) contained 3 retired rugby players averaging 60 years of age, and the Chinstraps included Pat, his wife Niki, brother Nick and sons Matt and Callum, 3 of whom were novice rowers.

We would be most grateful if you would write back to us confirming receipt of the Grant and how it will be spent. Please feel free to send as an attachment, via email to penguinsagainstcancer@outlook.com, as we need to publish the response on our website. Thank you for all that you do. We wish you continuing success in your compassionate and outstanding work.

Yours sincerely

A handwritten signature in black ink that reads 'Charlie Beardmore'.

Charlie Beardmore
President

A handwritten signature in blue ink that reads 'Patrick Gush'.

Patrick Gush
Vice President

On behalf of the Trustees, Officers and Members of Penguins Against Cancer.

Penguins Against Cancer • c/o Weirs End, Hampton Court Road, East Molesey, Surrey, KT8 9BP.
Registered Charity Number 1159905